



BASILDON & PHOENIX **CLUB RECORDS – MALE**

(as at 6 August 2017)



EVENT	SWIMMER	AGE	TIME	YEAR	VENUE
50 Metres Backstroke	Conor Harrold	23	26.12	December 2016	Ponds Forge
50 Metres Breaststroke	Lewis Clifford-Stephenson	20	28.44	August 2014	Ponds Forge
50 Metres Butterfly	Conor Harrold	21	25.76	February 2015	Basildon Sporting Village
50 Metres Freestyle	Lewis Clifford-Stephenson	20	23.46	April 2014	Glasgow
100 Metres Backstroke	Conor Harrold	21	55.42	February 2015	Basildon Sporting Village
100 Metres Breaststroke	Lewis Clifford-Stephenson	20	1:03.57	August 2014	Ponds Forge
100 Metres Butterfly	George Epsly	17	55.25	December 2015	Ponds Forge
100 Metres Freestyle	Conor Harrold	23	51.58	Nov 2016 Dec 2016	Luton Luton
200 Metres Backstroke	Conor Harrold	22	1:59.76	December 2015	Ponds Forge
200 Metres Breaststroke	Fraser Scott	17	2:24.08	November 2015	Luton
200 Metres Butterfly	George Epsly	17	2:00.96	December 2015	Ponds Forge
200 Metres Freestyle	Conor Harrold	23	1:52.98	October 2016	Basildon Sporting Village
100 Individual Medley	Conor Harrold	22	58.59	December 2015	Ponds Forge
200 Individual Medley	Conor Harrold	21	2:07.12	December 2014	Luton
400 Individual Medley	Fraser Scott	17	4:36.25	September 2015	Basildon Sporting Village
400 Metres Freestyle	George Epsly	16	4:04.25	October 2014	Basildon Sporting Village
800 Metres Freestyle					
1500 Metres Freestyle	Fraser Scott	18	16:26.30	August 2016	Ponds Forge

No. of records held: Conor Harrold = 8, George Epsly = 3, Fraser Scott = 3

Lewis Clifford-Stephenson = 3.

(orange font = new record set within past 12 months)