

**BRACKNELL AND WOKINGHAM
SWIMMING CLUB**

Affiliated to ASA South East Region



THE BRACKNELL OPEN MEET 2010

22nd and 23rd May 2010

**Long Course at
Aldershot Garrison Sports Centre**

Licensed – Level 1 – (*License t.b.c.*)

ENTRY FORM AND INFORMATION PACK

**Promoter:
Entries secretary:**

**Bracknell & Wokingham SC
Stuart Fillingham, 31 Anthian Close, Woodley, Berks RG5 4XA
Tel: 0118 9692269, openmeet@bwsc.org.uk**

PROMOTER'S CONDITIONS AND GENERAL INFORMATION

Qualifying and Upper Limit Times

In accordance with the ASA guidelines for licensed meets, swimmers must have achieved a "Qualifying Time" to enter all events. The Qualifying Times are attached and are all short course times. Please note that the Qualifying Times shown are consideration times and it may be necessary to reject entries from swimmers that have achieved Qualifying Times to keep the meet running time within the limits imposed by the ASA. Please note however that we have designed our programme of events to ensure we can accept as many swimmers as possible.

If it is necessary to restrict the number of entries, this will be done by accepting those entries with the fastest times until the event is full (i.e. unlike last year, this meet will not be run on a first come first served basis).

Entry procedure

Entries must be on the Official Entry Form enclosed with these conditions. All entries **must** be made in an electronic format. In this respect, please read these instructions for electronic entry and download this data file. Both are available on the BWSC web site: www.bwsc.org.uk. Any queries in connection with electronic entries should be emailed to openmeet@bwsc.org.uk. Any club entering more than 5 swimmers on a series of manual forms will only have their entries processed on receipt of a £15.00 administration charge.

All times shown on the entry forms must be achieved short course times (either actual or converted long course times). The promoter reserves the right to seek confirmation of submitted times.

Entry forms must be returned by **Friday 30 April 2010** to the Entries Secretary (see cover page for address). Please enclose an A5 sized **stamped addressed envelope** for return of entry details.

Individual entry fees of £5.00 per event must be enclosed. Remittance by cheque or postal order made payable to '**BWSC Open Meet**' please. We would prefer payment to be made on a club basis. No entries will be accepted without the appropriate fees.

All entry forms must be signed by a Club Representative who, by their signature, confirms that.

- all entrants are Registered swimmers with their ASA numbers as recorded on the entry forms,
 - the swimmers have all read and understood the Promoter's Conditions and accept them,
 - all entrants are Club members and the swimmers wish to swim in the name of that Club,
 - the dates of birth declared and entry times have been checked and found to be correct,
 - all entrants' details, i.e. Name, Date of Birth and Club are the same as is recorded on their ASA Registration.
- This is necessary to facilitate the compilation of National Rankings,

The Club Representative must give a telephone contact on the entry form (and preferably an email address) so that Bracknell & Wokingham Swimming Club may make enquiries about entries if necessary.

Entries for this meet will be held on a computer and consent, as required by the Data Protection Act, to the holding of personal information on computer will be deemed to have been given by the submission of the entry. Personal data will be available for inspection during the Meet on advance application to the Promoter.

Entries will be confirmed as soon as possible after the closing date. Where it has been necessary to restrict entries a refund (payable to the club) will be sent at this time for any unaccepted entries received before the closing date.

Coaches passes

Each Club is entitled to a **maximum of 2 Coach Passes**. Coach passes are available at £15.00 each and cover admission to poolside and a programme for each session, plus a full set of result (sent by email). These passes **do not include any meals**. Clubs entering more than 5 swimmers are required to purchase a coaches pass.

Meet officials

Would you please indicate on the entry form in the space provided if your Club would be willing to provide any Officials/Time Keepers for this meet.

ASA law

The meet will be held under ASA Laws & ASA Technical Rules of Racing. No jury of appeal will be appointed.

Over the top starts will be used wherever possible. Swimmers must remain in their lane after finishing their race until the next race has started, or instructed to leave the pool by the referee. Swimmers should leave the pool promptly by the sides, so as not to interfere with the timing equipment.

Swimmers are reminded that the ASA Technical Rules of Racing no longer require a warning to be given to swimmers in the 400m Freestyle event when they have two lengths +5m to swim, and that no such signals will be given at this meet.

Awards

All events are Heat Declared Winner (HDW). Heats will be seeded from submitted entry times with slowest swimmers first. The final heat will be spearheaded. Awards will be made to the fastest three swimmers in each age group.

There will be awards for the top boy and girl in each age group, a special award for the overall top boy and girl, plus an overall top club award. All awards will be based on acquisition of the highest points total throughout the meet (8 points for first, 7 points for second, etc.). In the event of a tie the number of first places etc will decide the winner. All events will count towards each of the awards.

Programme of events

The programme of events for the meet is attached. All age groups will be swum together, and the Age Groups for awards are:

Girls and Boys: 11 and under, 12 years, 13 years, 14 years, 15 years, 16 years & over.

All events are available for all age groups. Ages are at 23 May 2010.

Please note competitors in the 11 & under age group must be at least 9 years old on 23 May 2010.

The Promoter reserves the right to amend the Programme of Events to ensure the smooth running of the Meet.

Other conditions

Competitors in the first event of each session must report to the Stewards 10 minutes before the scheduled start time. Competitors in other events must report to the Stewards one clear event before the event in which they are swimming.

Registration for competitors' will be situated in the entrance foyer and will be closed at the times stated. Only competitors intending to swim should register. If a competitor does register and notice of withdrawal is not given to the Competitors' Helpdesk, that competitor will be deemed to have retired from all other events at the Meet.

Any dispute related to a matter not covered in these conditions shall be determined by the Promoter.

Recognition of times

This Meet has been licensed at level 1 by the ASA. Times recorded at the meet will be accepted for entry into National and District Competitions and Championships, and will be sent to the ASA for inclusion in the National Rankings.

Warm-up facilities

The Pool will be available for warm-up before the start of each session; see the summary programme for warm up timings.

Accommodation

A list of accommodation addresses in the local area may be obtained from the promoter if required.

SUMMARY PROGRAMME OF EVENTS**Saturday 22 May 2010****Session 1 Warm-up: 9:15 am, Start: 10:00 am, Registration: 9:15 am**

Event

- 1 Boys 400m IM
- 2 Girls 400m IM
- 3 Boys 100m Backstroke
- 4 Girls 100m Backstroke
- 5 Boys 50m Freestyle
- 6 Girls 50m Freestyle

Session 2* Warm-up: 1:30 pm, Start: 2:15 pm, Registration: 1:30 pm

Event

- 7 Boys 200m Freestyle
- 8 Girls 200m Freestyle
- 9 Boys 100m Breaststroke
- 10 Girls 100m Breaststroke
- 11 Boys 200m Butterfly
- 12 Girls 200m Butterfly

Session 3* Warm-up: 5:30 pm, Start: 6:15 pm, Registration: 5:30 pm

Event

- 13 Boys 200m IM
- 14 Girls 200m IM
- 15 Boys 100m Butterfly
- 16 Girls 100m Butterfly

Sunday 23 May 2010**Session 4 Warm-up: 8:15 am, Start: 8:45 am, Registration: 8:15 am**

Event

- 17 Boys 400m Freestyle
- 18 Girls 400m Freestyle

Session 5* Warm-up: 10:45 am, Start: 11:30 am, Registration: 10:45 am

Event

- 19 Boys 200m Backstroke
- 20 Girls 200m Backstroke
- 21 Boys 200m Breaststroke
- 22 Girls 200m Breaststroke
- 23 Boys 100m Freestyle
- 24 Girls 100m Freestyle

Presentation of Top Boy, Top Girl, and Top Club awards.

* Please note times are tentative and will be confirmed once all of the entries for the meet have been processed.
Full details will be sent with confirmation of entries.

BRACKNELL OPEN MEET 2010 – ENTRY FORM

Please complete in BLOCK CAPITALS

CLUB:

Entries of over 6 swimmers must be made on disc.
Discs available from entries secretary (details below).

Entry times (**Short course - 25m pool**)

Full Name	DOB	M/F	ASA Number	50m Free	100m Free	200m Free	400m Free	100m Back	200m Back	100m Breast	200m Breast	100m Fly	200m Fly	200m IM	400m IM

Contact name

Address

.....

.....

Tel No

Email

Entry Fees.

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..... events on disk @£5.00 per event £

..... coaches passes @£15.00 (max 2 per club) £

..... admin fee for non-electronic entries @£15.00 £ _____

Total £ _____

I confirm that all the information and entry times are correct and that all competitors are eligible and accept the promoter's conditions.

.....(Signature)

Cheques payable to "BWSC Open Meet" Please enclose a SAE.

Officials: If your club can provide officials, please include a contact name and details below.

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Entries to. **Stuart Fillingham, 31 Anthian Close, Woodley, Berks, RG5 4XA – 0118 9692269**
Email: openmeet@bwsc.org.uk

CLOSING DATE - 30 April 2010

Bracknell and Wokingham Swimming Club - Level 1 Open meet 22 May 2010**Qualifying times** (all times are short course i.e. in a 25m pool)

BOYS			<u>11/u</u>	<u>12</u>	<u>13</u>	<u>14</u>	<u>15</u>	<u>16/o</u>
5	50m Freestyle	Qualifying time	00:36.4	00:34.3	00:32.4	00:30.6	00:29.0	00:28.0
23	100m Freestyle	Qualifying time	01:17.7	01:12.6	01:08.6	01:05.6	01:03.1	01:01.3
7	200m Freestyle	Qualifying time	02:49.3	02:38.6	02:30.3	02:23.2	02:18.2	02:13.7
17	400m Freestyle	Qualifying time	05:52.0	05:33.9	05:17.4	05:02.4	04:52.8	04:44.2
3	100m Backstroke	Qualifying time	01:28.9	01:23.1	01:18.2	01:13.9	01:11.1	01:09.1
19	200m Backstroke	Qualifying time	03:10.3	02:58.8	02:48.3	02:40.2	02:33.8	02:29.2
9	100m Breaststroke	Qualifying time	01:40.2	01:36.4	01:27.4	01:23.1	01:19.8	01:17.3
21	200m Breaststroke	Qualifying time	03:36.7	03:22.6	03:09.7	03:02.6	02:52.4	02:48.5
15	100m Butterfly	Qualifying time	01:26.8	01:20.6	01:15.8	01:11.7	01:08.7	01:06.7
11	200m Butterfly	Qualifying time	03:10.8	02:58.1	02:48.0	02:38.9	02:32.3	02:28.3
13	200m Individual Medley	Qualifying time	03:12.3	03:00.6	02:50.4	02:42.4	02:35.9	02:31.3
1	400m Individual Medley	Qualifying time	06:46.5	06:22.1	06:01.6	05:44.2	05:30.9	05:22.2

Event			<u>11/u</u>	<u>12</u>	<u>13</u>	<u>14</u>	<u>15</u>	<u>16/o</u>
GIRLS								
6	50m Freestyle	Qualifying time	00:36.7	00:34.8	00:33.4	00:32.3	00:31.5	00:31.2
24	100m Freestyle	Qualifying time	01:18.2	01:14.1	01:11.5	01:09.5	01:08.4	01:07.6
8	200m Freestyle	Qualifying time	02:49.3	02:40.3	02:34.0	02:29.8	02:26.8	02:25.1
18	400m Freestyle	Qualifying time	05:52.4	05:34.6	05:22.0	05:13.5	05:08.3	05:04.6
4	100m Backstroke	Qualifying time	01:29.0	01:23.5	01:20.7	01:18.6	01:16.9	01:16.0
20	200m Backstroke	Qualifying time	03:09.2	02:58.7	02:52.4	02:47.8	02:43.8	02:41.9
10	100m Breaststroke	Qualifying time	01:40.3	01:33.9	01:29.4	01:27.1	01:26.0	01:24.6
22	200m Breaststroke	Qualifying time	03:34.1	03:22.3	03:12.8	03:06.7	03:03.8	03:02.9
16	100m Butterfly	Qualifying time	01:27.0	01:21.7	01:18.1	01:16.2	01:14.5	01:13.8
12	200m Butterfly	Qualifying time	03:10.9	02:59.9	02:51.7	02:46.1	02:43.8	02:41.4
14	200m Individual Medley	Qualifying time	03:12.3	03:01.1	02:54.6	02:50.0	02:46.5	02:44.5
2	400m Individual Medley	Qualifying time	06:43.0	06:20.3	06:05.8	05:57.1	05:50.2	05:45.7

Ages are at 23 May 2010

Swimmers in the 11 & under category must be 9 at 23 May 2010